



ART PROJECT

# Messages of Hope

How can art carry care, courage and connection?

LOOK • THINK • MAKE



- At least 1,287 people are known to have died after a flash flood, believed to have been triggered by a glacial collapse, swept through villages in a Himalayan valley along border between Nepal and Tibet.
- Almost two weeks later, more than 5,000 people are still missing.



## L/O- To create a Message of Hope

This message is from the Director of Kala Sikchya ARTS Initiative:

‘Following the recent disaster in Nepal, we have begun working with our Kala Sikchya students (in Nepal) to create artworks carrying messages of hope, support and solidarity for the communities affected. We would now like to extend this idea to classrooms in other countries, creating a collection of messages from young people around the world.

Students will create their artwork, which will become part of a growing collection in Nepal’.

Nepal is a mountainous country in South Asia. Its landscapes include Himalayan peaks, glaciers, river valleys, towns, cities and farming communities.

Mountains, glaciers and rivers shape daily life. Environmental change can increase risks for communities, but people must be shown with dignity—not only through disaster images.

The [Flag of Nepal](#) is the world's only national flag that is not a rectangle or square.  United Flags



## Design and Shape

- **Double-pennon:** The flag consists of two stacked triangles, forming a unique non-rectangular shape.
- **Colors:** It features a crimson red field with a deep blue border.
- **Celestial symbols:** The upper triangle has a white crescent moon, and the lower triangle has a white sun.  Facebook · Curious Ne... +2

## Meaning and Symbolism

- **Shape and Triangles:** Represent the Himalayan mountains and the country's two main religions, Hinduism and Buddhism.
- **Crimson Red:** The national color of Nepal and the color of the rhododendron (the national flower), symbolizing bravery.
- **Blue Border:** Represents peace, harmony, and the sky.
- **Moon and Sun:** The moon symbolizes the calm and soothing nature of the Nepalese people, while the sun represents fierce resolve. Together, they express the hope that the nation will endure as long as these celestial bodies.  Flagmakers +3

# Can an artwork make someone feel less alone?

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**Art cannot replace a home, stop a flood or fix a crisis.**

**But it can say: I see you. I care. You matter.**

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**What makes a message  
sincere?**

**Can colour communicate  
without words?**

**Who is your artwork for?**

PAIR TALK • Choose one question and discuss for two minutes.

# Today you will turn empathy into visual language

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01

## UNDERSTAND

Explore how images and words can communicate hope.

02

## DEVELOP

Test symbols, colour, composition and short phrases.

03

## CREATE

Make a thoughtful artwork for a real or imagined audience.

By the end: your choices should help the viewer understand your message without a long explanation.

# Hope is more than simply saying ‘cheer up’

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## CARE

Showing that another person's experience matters.

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## COURAGE

Finding strength while something is difficult.

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## SOLIDARITY

Standing alongside people, even from far away.

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## POSSIBILITY

Imagining that change, healing or rebuilding can happen.

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# Use few words—and make every word count

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## Possible starting points

*“You are not alone.”*

*“We are thinking of you.”*

*“May you find strength.”*

*“Together, we can rebuild.”*

*“I hope you feel...”*

WRITE YOUR OWN

**What would you genuinely want  
another young person to know?**

Avoid promises you cannot make. Keep it human,  
specific and respectful.

**Design tip: integrate the words into the image—do not add them as an afterthought.**

# Check the meaning—not just the finish

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## CORE

- ☐ My message is clear and respectful.
- ☐ My symbol or image supports the meaning.
- ☐ My colour choices create an intentional mood.
- ☐ My composition guides the viewer's eye.
- ☐ I refined at least one area carefully.

## CHALLENGE

**Can the image communicate hope without relying on a heart, rainbow or written slogan?**

Try metaphor, contrast, repetition or an unexpected viewpoint.











